



## The Tapa Room Breakfast

Cheese scones	2.50
Crosstown doughnuts	3.50
Toasted sourdough or seeded granary bread with either jam, marmalade, vegemite or honey	3.50
<i>*Gluten free option available</i>	
A large dollop of Greek yoghurt	3.00
Organic oat porridge, roast banana, chia seeds, pomegranate, toasted coconut	6.80
Two eggs – any style on buttered sourdough or seeded granary toast	7.50
Two soft-boiled eggs with vegemite soldiers	7.00
Granola, Greek yoghurt, toasted coconut, Yarnton Oxford honey	7.50
Fruit salad - dragon fruit, apples, pears, melon, kiwifruit, pineapple, vanilla poached figs	7.50
'Half & Half' granola and fruit salad - Greek yoghurt, toasted coconut, Yarnton Oxford honey	7.50
Smashed avocado on toast, feta cheese, Aleppo chilli, boiled egg	8.50
Tortilla of roast sweet potato, piquillo pepper, feta, onion and parsley, land cress, radish and Ticklemore salad, sweet potato crisps	11.00
Grilled chorizo, sweet potato miso hash, a soft boiled egg, garlic labne, star anise cashew nut praline	11.50
French toast, roasted pineapple, mango, Yarnton Oxford honey mascarpone, smoked streaky bacon, blueberries	12.00
Turkish eggs - two poached eggs, whipped yoghurt, hot Aleppo chilli butter - toasted sourdough or seeded granary	13.00
Hot-smoked salmon, two poached eggs, spinach, yuzu hollandaise, seeded granary toast	14.00

Peter Gordon's <b>Savour</b> – Salads for all Seasons (signed HB)	25.00
Peter Gordon's <b>Fusion</b> – A Culinary Journey (signed HB)	25.00
Peter Gordon's <b>A World In My Kitchen</b> (signed PB)	25.00
Providores Blend coffee beans 250g	8.00

**APERITIVO TIME!**  
Golden Bubble and Bold Zinger  
Daily between 5-7pm  
£5 cocktail and a bowl of olives

### The Providores Fry-Ups

Comes with two free-range eggs of your choice and buttered sourdough or seeded granary toast.

The Veggie – sautéed buttered field mushrooms and slow-roasted tomatoes 10.00

Grilled smoked streaky bacon, sautéed buttered field mushrooms and slow-roasted tomatoes 11.50

Roast Stornoway black-pudding with baked apple and slow-roasted tomatoes 12.50

### Sides

Half avocado	3.00
Slow-roasted tomatoes	3.50
Sautéed buttered field mushrooms	4.00
Grilled smoked streaky bacon	4.50
Roast Stornoway black pudding	6.00
Grilled chorizo	7.00

### Nut-Melks

All 6.50

**Strawberry**, almond butter, coconut milk

**Cacao** (raw organic), cacao nibs, almond butter, medjool dates, almond milk

**Pineapple**, Bim's Kitchen African tigernut, coconut and cashew butter, medjool dates, flax seeds, coconut milk

### Smoothies

Mixed berry smoothie	5.50
Banana and orange smoothie	5.50
Mango, strawberry and banana smoothie	5.50
Super spirulina smoothie: spirulina, cucumber, pear, apple juice	6.00
Tamarillo and kiwifruit smoothie	6.50
All our smoothies can also be made with either soy/ almond/ coconut milk	Add 50p
Baobab, blueberry and soy smoothie	6.50

### Juices

*Freshly squeezed juices (served until 4pm):* carrot, apple, beetroot, ginger and celery 5.50

*Fresh orange juice* 4.50

*B-fresh 'Green Warrior' cold pressed juice:* spinach, kale, apple, ginger, lime, cucumber 5.00

**Please inform your waiter if you are allergic to any food item**

We cannot guarantee that any items are completely allergen free due to being produced in a kitchen that contains ingredients with allergens

**A discretionary service charge of 12.5% will be added to your bill**

## Coffees, Teas and other drinks

The Providores uses an exclusive blend of three responsibly sourced Arabica beans developed with **Volcano Coffee Works**, individually hand-roasted in small batches in South London. The selected beans are then blended, creating a coffee with flavours of rich dried fruits, sherry soaked orange and marzipan. We feel it is perfect as an espresso or served with our organic milk or GM-free soy - and it's great for brewing at home too.

Espresso	2.35
Ristretto	2.00
Macchiato	2.40
Cortado	2.60
Long Black	2.85
Americano	2.85
Flat White	3.25
Latte	3.25
Cappuccino	3.25
Mochaccino	3.60
Hot Chocolate	3.60
Iced Espresso	2.60
Iced Coffee	4.50

*For an extra shot or soy/ almond milk*      *Add 50p*  
**Volcano roasted beans 250g**      **8.00**

### Teas

*Our teas come in a pot large enough for 2 cups*      *4.00*

#### Zealong – Organic New Zealand Tea

Zealong is a premium tea grown, processed, and packaged from a single source in the Waikato. The Zealong Tea Estate ensures its teas are grown and processed in a pristine environment, to the highest standards, by true tea masters.

Green Tea  
 Oolong Tea

#### Loose teas

Earl Grey  
 English Breakfast  
 Jasmine  
 Honeybush  
 Camomile  
 Fresh Mint  
 Peppermint

**Pukka Tea** - herbal de-caffeinated (tea bag)      4.00

*After Dinner: fennel, chicory root, cardamom, orange peel, ginger and aniseed*



Virgin Mary – seasoned tomato juice, Tabasco, wasabi, coriander, a dash of lemon      6.50

Virgin Guava Agua Fresca – guava purée lime juice, sparkling water, served over ice      6.50

Ginger Lemonade – Ginger syrup, lemon juice, sparkling water      6.50

**Karma Cola Co**      4.00  
**- Fairtrade organic soft drinks**

Lemmy Lemonade  
 Gingerella Ginger Ale

## Non-alcoholic mocktails