



The Tapa Room Breakfast

Cheese scones	2.50
Crosstown doughnuts	3.50
Toasted sourdough or seeded granary bread with either jam, marmalade, vegemite or honey	3.50
<i>*Gluten free option available</i>	
A large dollop of Greek yoghurt	3.00
Organic oat porridge, roast banana, chia seeds, pomegranate, toasted coconut	6.80
Two eggs – any style on buttered sourdough or seeded granary toast	7.00
Two soft-boiled eggs with vegemite soldiers	7.00
Granola, Greek yoghurt, toasted coconut, Yarnton Oxford honey	7.50
Fruit salad - dragon fruit, apple, pear, pineapple, melon, blackberry, vanilla poached figs	7.50
'Half & Half' granola and fruit salad - Greek yoghurt, toasted coconut, Yarnton Oxford honey	7.50
Smashed avocado on toast, feta cheese, Aleppo chilli, boiled egg	8.50
Tortilla of roast sweet potato, piquillo pepper, feta, onion and parsley, land cress, radish and Ticklemore salad, sweet potato crisps	11.00
Grilled chorizo, sweet potato miso hash, a soft boiled egg, garlic labne, star anise cashew nut praline	11.50
French toast, roasted pineapple, mango, Yarnton Oxford honey mascarpone, smoked streaky bacon, blueberries	12.00
Turkish eggs - two poached eggs, whipped yoghurt, hot Aleppo chilli butter - toasted sourdough or seeded granary	12.50
Hot-smoked salmon, two poached eggs, spinach, yuzu hollandaise, seeded granary toast	14.00

Peter Gordon's Fusion – A Culinary Journey (signed HB)	25.00
Peter Gordon's A World In My Kitchen (signed PB)	25.00
Providores Blend coffee beans 250g	8.00

SAVOUR – Salads for all Seasons (signed) 25.00

Executive Chef Peter Gordon's latest, and 8th, cookbook hit the shelves last year. This gorgeous book has over 100 new recipes and is beautifully designed and photographed. Peter created and cooked all the dishes in his Hackney home and it is written for the home cook with an adventurous palate. Signed copies are for sale here.

The Providores Fry-Ups

Comes with two free-range eggs of your choice and buttered sourdough or seeded granary toast.

The Veggie – sautéed buttered field mushrooms and slow-roasted tomatoes	9.80
Grilled smoked streaky bacon, sautéed buttered field mushrooms and slow-roasted tomatoes	11.00
Roast Stornoway black-pudding with baked apple and slow-roasted tomatoes	12.00

Sides

Half avocado	3.00
Slow-roasted tomatoes	3.50
Sautéed buttered field mushrooms	4.00
Grilled smoked streaky bacon	4.50
Roast Stornoway black pudding	5.80
Grilled chorizo	7.00

Nut-Melks All 6.50

Strawberry, almond butter, coconut milk

Cacao (raw organic), cacao nibs, almond butter, medjool dates, almond milk

Pineapple, Bim's Kitchen African tigernut, coconut and cashew butter, medjool dates, flax seeds, coconut milk

Smoothies

Mixed berry smoothie	5.50
Banana and orange smoothie	5.50
Mango, strawberry and banana smoothie	5.50
Super spirulina smoothie:	6.00
spirulina, cucumber, pear, apple juice	
Tamarillo and kiwifruit smoothie	6.50

All our smoothies can also be made with either soy/ almond/ coconut milk Add 50p

Baobab, blueberry and soy smoothie 6.50

Juices

Freshly squeezed juices (served until 4pm): 5.50
carrot, apple, beetroot, ginger and celery

Fresh orange juice 4.50

B-fresh 'Green Warrior' cold pressed juice: 5.00
spinach, kale, apple, ginger, lime, cucumber

Please inform your waiter if you are allergic to any food item

We cannot guarantee that any items are completely allergen free due to being produced in a kitchen that contains ingredients with allergens

A discretionary service charge of 12.5% will be added to your bill

Coffees, Teas and other drinks

The Providores uses an exclusive blend of three responsibly sourced Arabica beans developed with **Volcano Coffee Works**, individually hand-roasted in small batches in South London. The selected beans are then blended, creating a coffee with rich chocolate and sweet caramel notes, fine plum acidity and subtle spice. We feel it is perfect as an espresso or served with our organic milk or GM-free soy, and it's great for brewing at home too.



Espresso	2.35
Ristretto	2.00
Macchiato	2.40
Cortado	2.60
Long Black	2.85
Americano	2.85
Flat White	3.25
Latte	3.25
Cappuccino	3.25
Mochaccino	3.60
Hot Chocolate	3.60
Iced Espresso	2.60
Iced Coffee	4.50

For an extra shot or soy/ almond milk *Add 50p*
Volcano roasted beans 250g **8.00**

Teas

Our teas come in a pot large enough for 2 cups *4.00*

Zealong – Organic New Zealand Tea

Zealong is a premium tea grown, processed, and packaged from a single source in the Waikato. The Zealong Tea Estate ensures its teas are grown and processed in a pristine environment, to the highest standards, by true tea masters.

Green Tea
 Oolong Tea

Loose teas

Earl Grey
 English Breakfast
 Jasmine
 Rooibos
 Honeybush
 Camomile
 Fresh Mint
 Peppermint

Pukka Tea - herbal de-caffeinated (tea bag) 4.00
 After Dinner: *fennel, chicory root, cardamom, orange peel, ginger and aniseed*

Non-alcoholic mocktails

Virgin Mary – seasoned tomato juice, Tabasco, wasabi, coriander, a dash of lemon 6.50
 Virgin Guava Agua Fresca – guava purée lime juice, sparkling water, served over ice 6.50
 Ginger Lemonade – Ginger syrup, lemon juice, sparkling water 6.50

Karma Cola Co 4.00
- Fairtrade organic soft drinks
 Lemmy Lemonade
 Gingerella Ginger Ale